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In partnership with the Office of Minority Health
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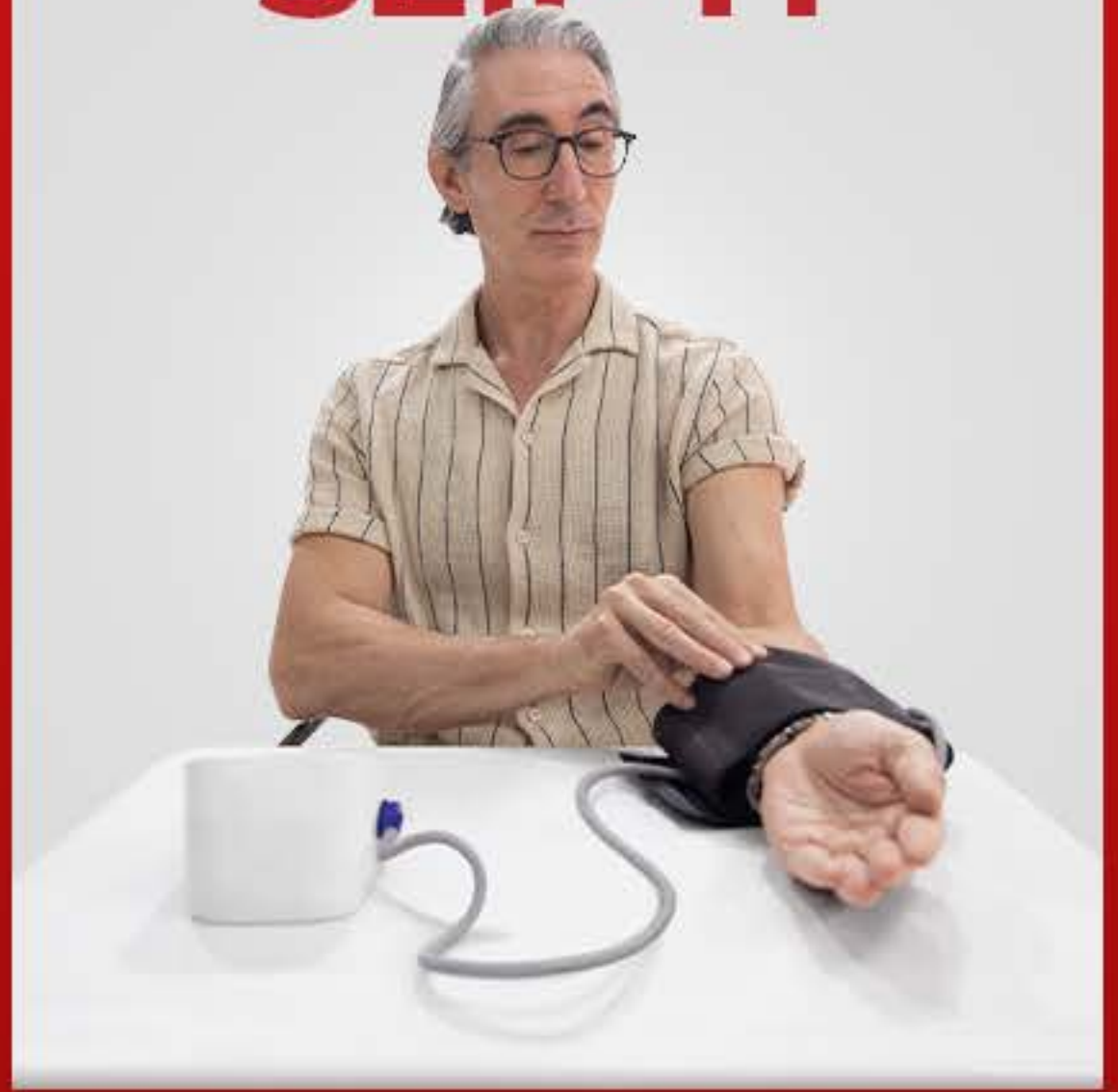
1

GET IT



2

SLIP IT



3

CUFF IT



4

CHECK IT



Check it every day. Self-monitoring is power.

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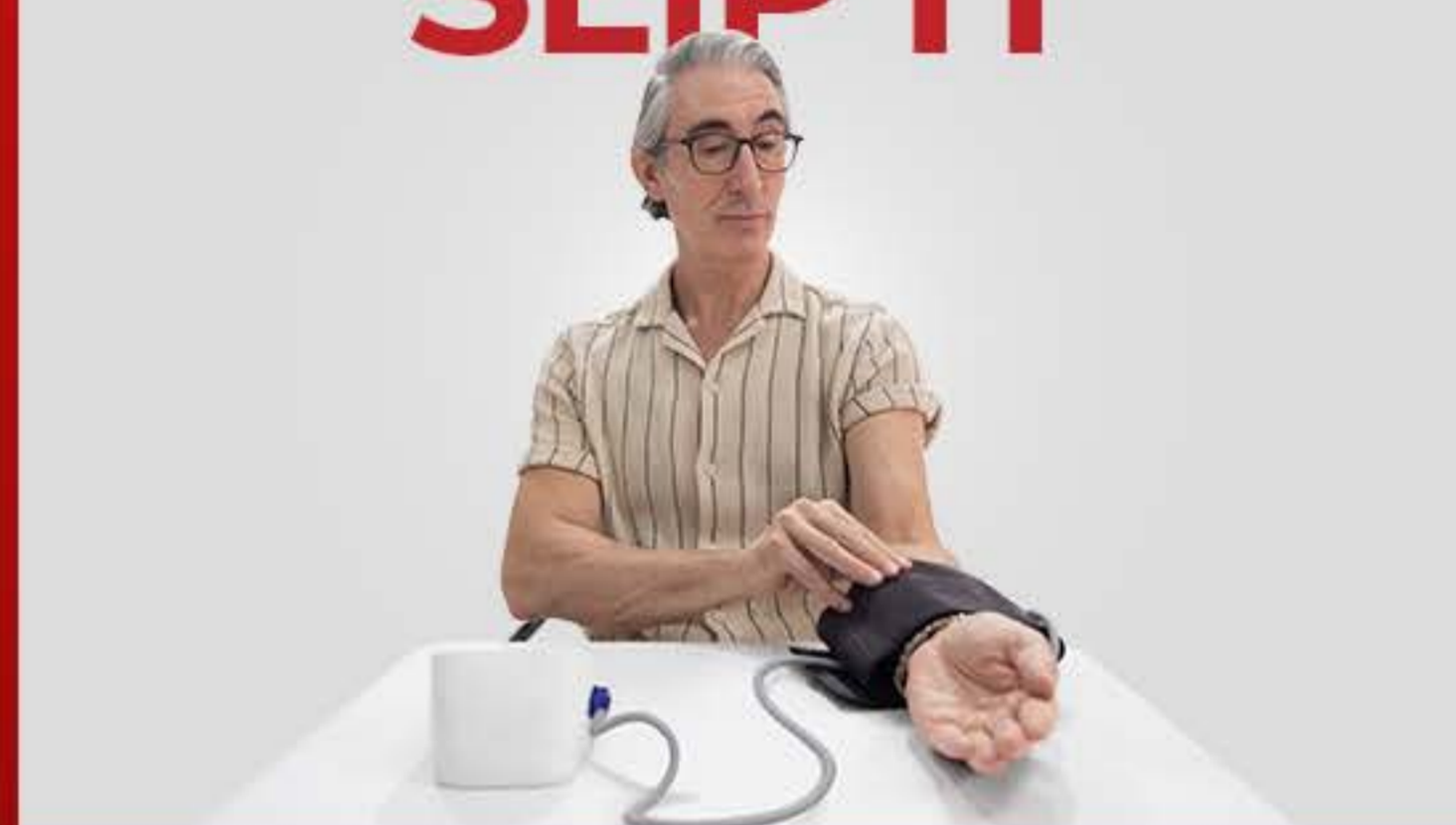
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